



RULE-MAKING ORDER
(RCW 34.05.360)

CR-103 (10/1/89)

Agency: **Criminal Justice Training Commission**

- Permanent Rule
 Emergency Rule

(1) Date of adoption: **December 6, 1990**

(2) Purpose:
To establish a physical fitness standard as an academy admissions requirement for recruit corrections officers.

(3) Citation of existing rules affected by this order:

Repealed: **none**
Amended: **none**
Suspended: **none**

(4) Authority for adoption:

Statute: **43.101.080(2)**
Other Authority:

(5.1) **PERMANENT RULE ONLY**

Pursuant to notice filed as WSR 90-21-012 on October 8, 1990 (date).

Describe any changes other than editing from proposed to adopted version:

none

(5.2) **EMERGENCY RULE ONLY**

Pursuant to RCW 34.05.350 the agency for good cause finds:

- (a) That immediate adoption, amendment, or repeal of a rule is necessary for the preservation of the public health, safety, or general welfare, and that observing the time requirements of notice and opportunity to comment upon adoption of a permanent rule would be contrary to the public interest.
- (b) That state or federal law or federal rule or a federal deadline for state receipt of federal funds requires immediate adoption of a rule.

Reasons for this finding:

(5.3) Any other findings required by other provisions of law as precondition to adoption or effectiveness of rule?

Yes No If yes, explain:

(6) Effective date of rule:

Permanent Rules

- 31 days after filing
 Other (specify) 7/1/91 *

* (if less than 31 days after filing, specific finding in 5.3 under RCW 34.05.380(3) is required)

Emergency Rules

- Immediately
 Later (specify) 7/1/91

CODE REVISER USE ONLY

CODE REVISER'S OFFICE
STATE OF WASHINGTON
FILED

DEC 12 1990

TIME 9:26 238

WSR 91-01-044

NAME (TYPE OR PRINT)

James C. Scott

SIGNATURE *James C. Scott*

Executive Director

DATE

12/11/90

NEW SECTION

WAC 139-10-212 PHYSICAL REQUIREMENTS FOR ADMISSION TO BASIC CORRECTIONS ACADEMIES. Each successful applicant for admission to a basic corrections officer academy sponsored or conducted by the Washington State Criminal Justice Training Commission shall possess good health and physical capability to actively and fully participate in defensive tactics training and other required physical activities. In order to minimize risk of injury and maximize the benefit of such participation, each trainee in any academy session commencing on or after July 1, 1991, shall, as a precondition of his or her academy attendance, demonstrate a requisite level of physical fitness, as established by the Training Commission.

For this purpose, each academy applicant shall be evaluated in the assessment areas of aerobic capacity, strength, and flexibility, in accordance with the requirements and procedures established by the Training Commission. Such evaluation shall be based upon performance ratings which are normed to the general population and appropriately adjusted for consideration of age and gender of the applicant.

Failure to demonstrate a requisite level of fitness within each assessment area will result in ineligibility for academy admissions and/or attendance.